

# HUSV: COMMUNITY & HUMAN SERVICES (UNDERGRADUATE)

## HUSV 1996 Special Topics in HUSV (1-4 Credits)

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**Attributes:** Liberal

## HUSV 1998 Individualized Studies in Community & Human Services (HUSV) (1-8 Credits)

Students have the opportunity to develop individualized studies with their mentor in Community & Human Services (HUSV). Registration for this class must be approved by the student's mentor.

## HUSV 2005 Women in Helping Professions (4 Credits)

The purpose of this study is to develop an understanding of the helping professions and the contributions of women in this field. Students will learn about the pioneers in professional helping, their contributions, and ways of working together. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

## HUSV 2007 Exploring the Professions: Careers in Human Services (2 Credits)

This 2 credit, course is designed to expose students to the breadth of careers in the field of human services. Students can explore careers associated with different levels of education, from an associate's degree through doctoral level training with a focus on the benefits and limitations of each. Students will research how academic interests and/or prior learning fit into potential careers in the field of human services. With an overview of the field, students will be able to define what types of skills, knowledge and ethical underpinnings are necessary to provide services. This course is aligned with the Community and Human Services Area of Study guideline for Knowledge of Service Delivery.

**Attributes:** Liberal

## HUSV 2010 Case Management (4 Credits)

The purpose of this study is to gain an understanding of case management models, including the varying roles, processes, and skills utilized by case managers. The study will examine the process of case management, which includes engagement, assessment, planning, implementation, and termination. This study will examine diverse cultural and racial values and influences in case management. This course is aligned with the Community and Human Services area of study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Skills, Assessment & Education, Ethics, and Application & Integration. This course was previously CHS-252114 Case Management.

## HUSV 2020 Crisis Intervention: Theory & Practice (4 Credits)

This study surveys the major theories, evidence based practices, concepts of crisis intervention assessment and intervention. Students will demonstrate crisis intervention skills and illustrate ethical, legal, and cultural considerations. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Skills, Assessment & Education, Ethics, and Application & Integration. This course was previously CHS-252154 Crisis Intervention.

**Attributes:** Liberal

## HUSV 2025 Helping & Counseling Skills (4 Credits)

In this study, students will acquire an understanding of the core counseling and helping skills needed to work effectively in the human services field. Students will learn to be self-reflective helpers, understand diversity and how we are affected by difference, power, and privilege, and recognize the central role of ethics in counseling. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Skills, Assessment & Education, Ethics, and Application & Integration. This course was previously CHS-252134 Interviewing Skills and Techniques.

## HUSV 2035 Introduction to Human Services (4 Credits)

This course provides students with an overview of the field of human services. The student will examine the roles and responsibilities of human service professionals. The study will explore the organizational structures and range of services in the field. The foundational knowledge of the field, introduction to basic skills, and strategies used will be introduced. Ethical principles and the core values necessary for working in the field of human services will be explored. Students will reflect on the broader social influences that impact roles within the field of human services. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery, Skills & Application, and Ethics. This course is aligned with the BS in Addiction Studies program guidelines for Skills, Ethics, and Application & Integration. This course was previously CHS-252094 Introduction to Human Services.

**Attributes:** Liberal

## HUSV 2040 Recareering into Human Services (4 Credits)

This study is intended to provide an understanding of how our careers play a central role in shaping self-concept, family life as well as environmental and cultural conditions. More specifically, adults contemplating a career change realize the importance of looking at a variety of factors such as personal values, economic necessity, interest, skills, and life circumstances, such as caregiving and one's ability to relocate. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery.

## HUSV 2045 The Call to Service (4 Credits)

Many people in the helping professions say they are called to their work and feel a deep satisfaction about helping. Others are not sure why they want to "do social work". In this study we will explore the question, "Do I have to be called to service in order to help?" The expectation is this study will guide students into a framework for understanding the motivation of helpers, and will serve as a source of comfort and power when undertaking future study. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery.

**HUSV 2500 Wellness Practice with Older Adults: A Foundation (4 Credits)**

Adults over the age of 80 are the fastest growing demographic today, more so than at any other time in history. What does wellness look like for older adults across physical, spiritual, social, intellectual, financial, vocational, environmental, and emotional dimensions? What does wellness feel like in later life? We will identify biases and perceptions about wellness and what it “should” look like. What are the challenges to living well, and what are the ways that human service professionals can promote wellbeing in later life? We will explore skills related to engagement, goal setting, and social well-being in human service practice with older adults. We will examine barriers, needs and opportunities for older adults in local communities to engage in wellness-promoting activities. We will consider how the COVID-19 pandemic has exposed painful realities about the inequities in aging and wellness for older adults. This course aligns with the Community and Human Services Area of Study Guidelines for Knowledge of Human Behavior and Skills and Application.

**Attributes:** Liberal

**HUSV 2997 Special Topics in HUSV (4 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**HUSV 2998 Individualized Studies in Community & Human Services (HUSV) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Community & Human Services (HUSV). Registration for this class must be approved by the student’s mentor.

**HUSV 3005 Advocacy in Human Services (4 Credits)**

Advocacy in Human Services explores the definitions and the nature of advocacy as a process and strategy for change. The student will examine case, cause, administrative and legislative advocacy approaches while considering historical perspectives. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Assessment & Education and Application & Integration.

**Attributes:** Liberal

**HUSV 3010 Animals Society and Human Services (4 Credits)**

This course explores the history and psychology of human relationships with animals. The student will learn about the relationship between people and animals by discussing domestication, socialization, religion, culture, farming, research, and pets. Students learn about the difference between animal-assisted activities, therapy and education (AAA/T/E), working animals, and assistance animals. Social movements and organizations concerned with animal rights and animal protection will be analyzed. The connections between non-human animal oppression, exploitation, and the oppression of specific aggregates of human animals (particularly racial and ethnic minorities, women, and the poor) will be explored. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3015 Delivering Human Services (4 Credits)**

This study focuses on models, methods, and structures for developing and delivering human services in a variety of settings. Factors such as context, potential gaps, and barriers to access as well as the varying roles and activities of human service professionals will also be examined. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery and Skills & Application. This course was previously CHS-253114 Delivering Human Services: Consumers.

**Attributes:** Liberal

**HUSV 3020 Documentation in Human Services (4 Credits)**

This study will engage students in understanding the purpose, principles, guidelines, and expectations of documentation in a variety of human service settings. Cogent documentation of services, interventions, and client progress directly correlate to effective practice. Students will develop valid documentation strategies through working with case material drawn from a variety of settings. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Skills. This course was previously CHS-253164 Documentation in Human Services.

**HUSV 3022 Crisis Intervention II: Counseling Skills and Models (4 Credits)**

This study builds on the knowledge gained from Crisis Intervention I: Theory and Practice, with a focus on applying theories and interventions. Students will analyze specific interventions that may include time-limited cognitive behavior therapy, Mitchell Debriefing Model/Critical Incident Stress Management, Eye Movement and Desensitization Reprocessing, trauma-informed crisis intervention, and client-centered, long-term treatment action plans and referral systems. Specifically, students will compare methods, models and interventions and apply them to working with vulnerable and diverse populations during crisis. This course examines how crisis people respond to crises, as well as the evidence-based practices currently used in the field. The student must have completed HUSV 2020 Crisis Intervention I prior to taking this course. This course is aligned with the Community and Human Services Area of Study guidelines for Skills and Application. Prerequisites: HUSV 2020.

**Attributes:** Liberal

**HUSV 3025 Funding & Human Service Organizations (4 Credits)**

Students will learn how to develop and manage the financial resources of human service agencies and programs. Students will explore various methods of budgeting and accountability structures, funding streams, grant opportunities, and fundraising in the human services field. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course was previously CHS-254184 Funding and Human Service Organizations.

**HUSV 3030 Group Work (4 Credits)**

The focus of the study is to utilize group work skills to serve diverse populations. Students will explore the history, context, types, developmental phases, ethical questions, and relevant theories of group work. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course is aligned with the BS in Addiction Studies program guidelines for Skills, Assessment & Education, and Application & Integration. This course was previously CHS-253204 Group Work Practices.

**Attributes:** Liberal

**HUSV 3035 History of US Social Welfare Policy (4 Credits)**

This study examines the history of social welfare policy in the United States, with an emphasis on social reform, social inequality, social control, disenfranchisement, and the relationship between power, policy and practice. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery and Diversity.

**Attributes:** Liberal

**HUSV 3040 Human Services Management (4 Credits)**

This course will provide students the fundamentals of human service management in profit and not-for-profit organizations. Principles of management skills will be explored. Students will formulate an understanding of cultural competence within the organization. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery and Skills & Application. This course was previously CHS-253144 Human Service Management.

**Attributes:** Liberal

**HUSV 3045 Outreach & Marketing in Human Service Organizations (4 Credits)**

Students in this study will apply the principles of marketing including marketing strategy and the marketing mix (product, place, price, and promotion) to a nonprofit setting. Students will focus on the marketing of services, customer service, development of marketing strategies, and sales to targeted markets for diverse populations within human service settings. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery and Skills & Application.

**Attributes:** Liberal

**HUSV 3050 Personal Coaching (4 Credits)**

Students will learn to support and challenge employees, children, colleagues, and themselves to reach potential using the techniques and theories of personal coaching. Students will assess how staff development processes can be changed using the skills of personal coaching. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3055 Powerful Questions (4 Credits)**

A powerful question is thought-provoking and stimulates curiosity in the listener while encouraging conversation, new perspectives, and additional questions. Powerful questions and their answers can demonstrate an inquisitive nature, reveal creativity and enhance self-reflection, engagement, and learning and reveal how to create change. In this study, students will identify several types of questions and how they can enhance an experience and help reach consensus or influence outcomes. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3065 Spirituality in the Helping Relationship (4 Credits)**

This study will educate students about integrating spirituality into helping relationships. The application of spirituality-focused intervention strategies will be examined. Students will learn about the challenges of introducing spirituality in practice settings, when appropriate. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3068 Social Welfare Policy (4 Credits)**

The purpose of this study is to gain a working knowledge of social welfare policies in the United States focusing on both the historical and current context. Emphasis will be placed on connecting policy with practice. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery. This course is part of the BS in Public Health program. Prerequisites: Intro to Human Services is recommended.

**Attributes:** Liberal

**HUSV 3070 Supervision in Human Services (4 Credits)**

This study will cover definitions of supervision; organizational and workgroup culture; facilitating groups and teams; inclusive recruitment and screening of employees; designing and conducting employee performance appraisal; and value-based principles and laws guiding personnel management. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3122 Conflict Management & Resolution in Human Services (4 Credits)**

The student will explore theories related to conflict, mediation, and negotiation and how they may be applied to the human service setting. The student will learn specific approaches for one-on-one helping situations as well as strategies for understanding and managing conflict in the organizational setting. The student will consider their own conflict style and learn how to assess conflict. This course is aligned with the Community and Human Services area of study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3127 Coping with Life Challenges (4 Credits)**

This study will be organized around various challenges that people face in life. Coping skills will be explored for a variety of situations. Topics in coping may include depression, loneliness, shyness, rejection, anxiety, anger, conflicts in close relationships, loss, aging, pain, illness and maintaining health, and/or injury and trauma. This course is aligned with the Community and Human Services area of study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 3132 War on Poverty: Implications and Perspectives for Human Service Professionals (4 Credits)**

The study will examine the complexities of poverty in America and how it may impact power, privilege, and oppression in human service institutions. The "framework" of poverty and how it impacts home, school, community, and work will be examined. Finally, the study will examine how poverty effects human service interventions for individuals, families, professionals, and communities. This course aligns with the Community and Human Services area of study guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

**HUSV 3142 Disaster Mental Health Theory & Practice (4 Credits)**

This course will focus on psychological and physiological impacts disasters and major crises have on individuals, families, emergency workers, and communities. Students will understand post-traumatic stress, disaster related anxiety and depression, signs and symptoms of mental health distress and interventions. Critical Incident Stress Management, resiliency-based interventions, crisis interventions, debriefing, and cognitive behavior therapy will be examined. This study aligns with the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Skills & Application.

**Attributes:** Liberal

**HUSV 3147 Human Services in Disaster (4 Credits)**

This course will explore the complex nature of human service delivery before, during and after disasters and major crises. Preparedness, response, and recovery will be the primary focus, though mitigation will be touched upon. Among the areas studied will be: volunteer and donations management, public health and mental health, shelter and mass care, employment, housing and transportation, and disability and aging issues. Students will learn emergency management frameworks, associated FEMA emergency support functions, and coordination of services during and after disasters. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Skills & Application.

**Attributes:** Liberal

**HUSV 3995 Special Topics in HS (2-8 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**Attributes:** Liberal

**HUSV 3996 Special Topics in HUSV (2-6 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**Attributes:** Liberal

**HUSV 3997 Special Topics in HS (4 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**HUSV 3998 Individualized Studies in Community & Human Services (HUSV) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Community & Human Services (HUSV). Registration for this class must be approved by the student's mentor.

**HUSV 4005 Bereavement Counseling (4 Credits)**

This course will provide students with an overview of the knowledge, skills, and interventions commonly used in bereavement counseling. Topics may include: applying interventions for loss across a lifecycle; intervention strategies for special populations; and approaches to support sudden loss and crisis situations. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**HUSV 4010 Community Organizing (4 Credits)**

Community organizing is a mode of practice that includes models of locality development, social planning, and social action through which the community is "mobilized" and empowered to deal with its issues and problems, and to resolve them to its satisfaction. This study will cover the theory, purpose, and techniques of community organizing and their application in the field of human services. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course was previously CHS-253124 Community Organizing.

**Attributes:** Liberal

**HUSV 4015 Contemporary Issues in Human Services (4 Credits)**

The purpose of this study is to introduce the student to current trends and pertinent issues in the field of human services. It will look at relevant topics with special emphasis on diversity issues and special populations. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

**HUSV 4020 Diversity in Human Services (4 Credits)**

The purpose of this study is to help students develop self-awareness about their perceptions and biases, and how these may impact their work within the helping professions. Students will explore identities, roles, and intersectionality with focused attention to race, class, gender, sexual orientation, religion, socioeconomic status, ability, and other attributes. Students also will analyze historical and current influences of power, privilege, oppression, and other differentials that overlap and influence practice and policies within human service organizations with an aim of evaluating systemic injustices and structural inequities in access for clients and within human service organizations. Students will formulate solutions and recommendations for inclusive and equitable access to services, social justice for clients, and culturally sensitive practices as they pertain to human service systems. This course is aligned with the Community and Human Services Area of Study guidelines for Diversity. This course is aligned with the BS in Addiction Studies program guidelines for Diversity.

**Attributes:** \*Diversity Gen Ed, Liberal

**HUSV 4023 Stigma & Mental Illness (4 Credits)**

This study integrates an overview of the assessment and diagnosis in mental health. Focus on how the diagnosis, assessment, culture, the history of mental illness, and other factors promote stigma towards individuals and their families who live with mental illness will be examined. Topics may include: policy initiatives, treatment options, power and privilege, and cultural beliefs related to mental illness.

**Attributes:** Liberal

**HUSV 4025 Understanding Holistic Healing in Human Services (4 Credits)**

This study explores a variety of alternative treatment modalities including Reiki, Healing Touch, meditation, hypnosis, yoga, and biofeedback that may be utilized in the human services setting. The challenges of introducing alternative modalities in traditional settings such as hospitals, schools, churches, public and community-based agencies will also be examined. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**Attributes:** Liberal

**HUSV 4030 Human Service Ethics (4 Credits)**

The purpose of this study is to survey codified professional, legal, and ethical issues in community and human services. This course is aligned with the Community and Human Services Area of Study guidelines for Ethics. This course is aligned with the BS in Addiction Studies program guidelines for Ethics. This course was previously CHS-254124 Human Service Ethics

**Attributes:** Liberal

**HUSV 4035 Internship in Human Services (4 Credits)**

The internship in Human Services is designed to give students practical experience in the field prior to graduation. The internship often serves as a learning opportunity for a future career in a Human Service related field and a gateway to further delineate career goals and expectations. Students will be able to apply knowledge and skills learned in courses in real-world situations, such as the role of the helper and expectations of the field. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application.

**HUSV 4040 Program Evaluation (4 Credits)**

Program evaluation is one mechanism for establishing accountability in many human service organizations. This study will provide an overview of the skills, approaches, and methods utilized to plan and evaluate programs offered in human services. This course is aligned with the Community and Human Services Area of Study guidelines for Skills & Application. This course was previously CHS-263544 Human Services Planning.

**HUSV 4045 Secondary Trauma in Human Service Workers (4 Credits)**

This study will introduce students to the concepts of secondary traumatic stress, vicarious traumatization, countertransference, and burnout. The aim of the study is to help them assess their own vulnerabilities to secondary traumatic stress. The importance of self-awareness, supervision, and work-home balance will be integral to this study. This course is aligned with the Community and Human Services Area of Study guidelines for Knowledge of Human Behavior.

**Attributes:** Liberal

**HUSV 4050 Social Policy Analysis (4 Credits)**

This course will provide an overview of the United States social and public policy process, including an analysis of the political, institutional, cultural, and economic environments in which policy is formed and modified over time. The focus of this study is to enable the student to critically examine various perspectives in how they relate to human services policy. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Skills & Application. This course is part of the BS in Public Health program. Students enrolling in this course should have completed the equivalent of three years of college studies and possess a solid upper-level background in human services or public administration concepts, theories and practices. An entry-level course in American Government or Public Policy and/or individual review of the US system of government is recommended, but not required.

**Attributes:** Liberal

**HUSV 4065 Social Justice and Human Services (4 Credits)**

This course provides a multidisciplinary overview of social justice and diversity undercurrents in the human services field, drawing on insights from law, political science, history, sociology, social psychology, and economics. This course introduces past and persisting inequities and disparities in service delivery, as well as historical and current examples of community action, advocacy, and activism across helping professions. Learners will gain knowledge of social justice theoretical frameworks, advocacy strategies, and research related to access, equity, diversity, and belonging in the development and delivery of human services. This course will explore power differentials across race, class, gender, sexual orientation, socioeconomic status, religion, ability, and how these forces overlap, and effect change in human service environments. Students will assess their own perceptions and biases, while considering how this influences their social justice efforts within their community and across helping professions. Prerequisites: Introduction to Human Services or Human Service field experience.

**Attributes:** \*Diversity Gen Ed, Liberal

**HUSV 4132 Refugees and Displaced Populations (4 Credits)**

This course will take a close look at refugees and displaced populations around the world and specifically examine policies, rights, programs, and psychoeducational and therapeutic interventions in various contexts including camp settings, urban environments, and resettlement. Students will understand the difference between refugees, immigrants, victims of trafficking, asylees, and internally displaced people. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Service Delivery, Diversity, and Skills & Application.

**Attributes:** Liberal

**HUSV 4152 Counseling Lesbian Gay Bisexual Transgender and Queer Populations (4 Credits)**

This study will address issues related to counseling gay, lesbian, bisexual, transgender, and queer clients. These include issues of sexual identity development, coming out, homophobia and heterosexism, family and relationship issues, multicultural issues, youth, aging, spirituality, HIV/AIDS, and substance use. Students will acquire an understanding of various counseling skills needed to work effectively with the LGBTQ population. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Human Behavior and Skills & Application.

**Attributes:** Liberal

**HUSV 4157 Health and Wellness for Human Service Professionals (4 Credits)**

This study will explore health and wellness for human service professionals including but not limited to physical, emotional, spiritual, financial, and social dimensions. Current topics in research related to health and wellness will be examined. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Human Behavior and Skills & Application.

**Attributes:** Liberal

**HUSV 4162 Human Services with Special Populations (4 Credits)**

This study will focus on delivering human services to various cultural groups including: the disabled, ethnic minorities, the aged, LGBTQ clients, and others. This study is designed to increase student's self-awareness, culture-specific knowledge, and provide models, frameworks, and techniques to help increase skills in working with clients from different diverse backgrounds. This course is aligned with the Community and Human Services area of study guidelines for Skills & Application and Diversity.

**Attributes:** Liberal

**HUSV 4996 Special Topics in HUSV (4 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**Attributes:** Liberal

**HUSV 4998 Individualized Studies in Community & Human Services (HUSV) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Community & Human Services (HUSV). Registration for this class must be approved by the student's mentor.